

## Exhortations - Philippians 4:2-9

**Topics:** Believers, Example, Gentleness, God, Jesus Christ, Joy, Partnerships, Peace, Prayer, Thankfulness, Thinking, Value

### Open It

1. How do you tend to respond when things don't go your way?
- \* 2. What does it take to live at peace with difficult family members or colleagues?

### Explore It

3. How did Paul feel toward the Philippian congregation? (4:1)
4. What did Paul exhort the Philippian believers to do? (4:1)
- \* 5. Why did Paul plead with Euodia and Syntyche? (4:2)
6. How had Euodia and Syntyche helped Paul in the past? (4:3)
7. What was Paul's relationship with Clement? (4:3)
8. How could Paul count on his "loyal yokefellow"? (4:3)
9. What did Paul encourage his readers to do? (4:4)
- \* 10. How did Paul tell the Philippian Christians to treat others? (4:5)
11. How should an awareness of Christ's imminent return affect a person's attitude? (4:5-7)
12. What did Paul say about anxiety? (4:6-7)
13. What were the Philippians to do instead of worrying? (4:6-7)
- \* 14. How can a believer enjoy the peace of God? (4:6-7)
15. What are the qualities of wholesome thoughts? (4:8)
16. What were the Philippians to put into practice? (4:9)
17. How can believers enjoy the presence of the God of peace? (4:9)

### Get It

18. How have disagreements between people affected your church?
- \* 19. When have you been involved in helping Christians resolve differences?
20. How can you have a peaceful spirit?
- \* 21. If you were more thankful, joyful, and gentle, how might your family and friends be affected?
22. What does it take for you to think worthy thoughts?
23. What does it mean to live a righteous life-style?
24. In what areas of your life do you need to follow Paul's example?

### Apply It

25. What can you do today to reduce your level of anxiety?
- \* 26. How can you be an effective peacemaker this week?